



# WAHANOWIN OUTDOOR CENTRE 2008 SCHOOL GROUP APPLICATION

School Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone Number: (\_\_\_\_) \_\_\_\_\_ Fax: (\_\_\_\_) \_\_\_\_\_

Contact Person(s): \_\_\_\_\_

Email Address: \_\_\_\_\_

Affiliated School Board: \_\_\_\_\_

2008 Week Requested - please indicate your 1<sup>st</sup> and 2<sup>nd</sup> choices for preferred weeks below:

1 <sup>st</sup> and 2 <sup>nd</sup> Choices	Week	Start Date	End Date
<input type="checkbox"/> _____ <input type="checkbox"/> _____	1	Monday, May 12 Tuesday, May 13	Friday, May 16
<input type="checkbox"/> _____ <input type="checkbox"/> _____	2	Tuesday, May 20	Friday, May 23
<input type="checkbox"/> _____ <input type="checkbox"/> _____	3	Monday, May 26	Friday, May 30
<input type="checkbox"/> _____ <input type="checkbox"/> _____	4	Monday, June 9 Tuesday, June 10	Friday, June 13
<input type="checkbox"/> _____	5	Monday, June 16	Friday, June 20

Schools may choose to arrive on Tuesday instead of Monday during Weeks 1 and 4, based upon availability.  
Schools attending Monday to Friday will have priority over shorter visits

Number of Students: Male: \_\_\_\_\_ Female: \_\_\_\_\_ Total: \_\_\_\_\_ Grade: \_\_\_\_\_

Numbers of Adults: Male: \_\_\_\_\_ Female: \_\_\_\_\_ Total: \_\_\_\_\_

Do you have a location preference?  Main Camp  Grove  Either

Will supervisors live with students?  Yes - With Students  No - Separate Cabins

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Please remember to include your deposit (\$250.00) with your application and send to:  
The Wahanowin Outdoor Centre, 227 Eglinton Avenue, Toronto, ON M4R 1A9**

For Office Use Only

Application/Deposit Received: \_\_\_\_\_ Amount of Deposit/Cheque Number: \_\_\_\_\_

Confirmation Sent: \_\_\_\_\_ Week Confirmed: \_\_\_\_\_



# WAHANOWIN OUTDOOR CENTRE

## 2008 GUIDELINES FOR ENROLLMENT

- 1 To book your school, complete the application form and return with a non-refundable deposit of \$250.00. Verbal reservations will not be accepted. Schools will be accepted based upon availability.
- 2 The fees, including 6% GST and 3% PST, for our 2008 season are as follows:
 

Monday to Friday	\$285.58
Tuesday to Friday	\$217.46
Wednesday to Friday	\$147.15

(Schools wishing this length of trip will not be accepted until November 15, once all returning and new schools are confirmed)
- 3 Terms of payment are as follows:
  - With Application**
    - \$250.00 deposit. Refundable up to March 1<sup>st</sup> less a \$25.00 administration fee. After March 1<sup>st</sup> the deposit is non refundable.
  - April 15, 2008 - 1<sup>st</sup> Installment Due**
    - 50% of fee (based on your estimated numbers; invoice will be sent in February)
  - Upon Arrival at Camp - Balance Due**
    - Your final balance will be calculated upon arrival based upon your actual numbers.
- 4 Information concerning activities, camp policies, clothing requirements, accommodation, etc. will be sent out early 2008.
- 5 Dates for our 2008 Outdoor Education Centre Season are as follows;

Week	Start Date	End Date	Grade(s) <small>(Typical (but not mandatory) grades of attending students)</small>
1	Monday, May 12 Tuesday, May 13	Friday, May 16	Any
2	Tuesday, May 20	Friday, May 23	5 and 6
3	Monday, May 26	Friday, May 30	7 and 8
4	Monday, June 9 Tuesday, June 10	Friday, June 13	7 and 8
5	Monday, June 16	Friday, June 20	7 and 8

- 6 Weeks 3, 4 and 5 are unique in that most attending students are in grades 7 and 8. Schools have activity schedules created for them based upon grade. The grade 8 students may choose to participate in a special one day "Olympiad" program, while the grade 7 students receive an extra day of scheduled programs.
- 7 Schools attending Monday to Friday may be given priority over those attending shorter stays. Weeks 1 and 4 are designated as "5 Day" trips, although Tuesday arrivals will be considered space permitting.
- 8 Schools that attended Wahanowin in 2007 have enrollment priority in the corresponding 2008 week until October 15. Acceptances for returning schools in alternate dates and new schools will be accepted after this date, based upon availability. Schools are welcomed to call our office at anytime for an update on enrollment.



# WAHANOWIN OUTDOOR CENTRE FACTS

## SITE

- Located 1½ hours north of Toronto (just outside of Orillia)
- 150 acres of field and forest on the shore of Lake Couchiching
- Over 50 years experience in camping

## FACILITIES

- Can comfortably accommodate 500 students, plus teachers, supervisors and our staff
- Waterfront includes swimming, canoeing, kayaking, pontoon boat and fishing
- There is a large theatre, century stone farmhouse, several large buildings, plus our arts and crafts and woodworking studios
- Sport activities are easily accommodated on three volleyball courts, two basketball courts, six tennis courts, two archery ranges, one soccer field and two baseball diamonds, plus our professional ball hockey rink

## PROGRAM

- Wahanowin staff lead recreational and educational programs
- School's have input into the activity schedule
- Elective programming allows students to choose their own schedule
- All necessary equipment is provided to enable full participation in the program (fishing rods, racquets, etc.)
- Evening programs are fun and age appropriate
- Welcome Party for teachers and parent supervisors in Director's Cabin

## LODGING

- Students are housed in cabins of 12-14 students
- Most cabins have been renovated in the past 4 years
- Teachers and supervisors can live in separate staff accommodation or in staff rooms within the student's cabins.
- All cabins have running water and electricity, many have showers
- Students sleep on bunk beds

## FOOD SERVICES

- Ample food in large portions
- Able to accommodate dietary restrictions (vegetarian, allergies, religious, etc.)
- Well balanced meals in accordance with Canada's Food Guide

## SECURITY AND SAFETY

- Night security patrols from 11:00pm until 7:00am
- Waterfront staff have a minimum of the RLSS Bronze Cross award
- All staff trained in emergency first aid
- Registered nurse on site, fifteen minute drive to Soldier's Memorial Hospital in Orillia

## WAHANOWIN STAFF

- Staff recruited from universities throughout Canada and abroad
- Average staff age is 20 years old

## COSTS

- Fees are charged as follows:
  - Monday to Friday \$285.58
  - Tuesday to Friday \$217.46
  - Wednesday to Friday \$147.15
- Fees include 6% GST and 3% PST and are all inclusive - no additional monies are required for activities, accommodation or meals.
- There is no charge for teachers and parents supervisors within a 1:10 ratio
- Schools are responsible for the cost and coordination of transportation, plus any additional costs associated with swim testing or other board mandated pre-camp preparations.

**CITY OFFICE (SEPTEMBER THROUGH APRIL)**  
227 Eglinton Avenue West, Toronto, ON M4R 1A9  
Phone - (416) 482-2600 ♦ Fax - (416) 482-2860

**OUTDOOR CENTRE OFFICE (MAY THROUGH AUGUST)**  
PO Box 850, Orillia, ON L3V 6K8  
Phone - (705) 325-2285 ♦ Fax - (705) 327-7120

**CAMP WEBSITES** - [www.outdoorcentre.com](http://www.outdoorcentre.com) ♦ [www.wahanowin.com](http://www.wahanowin.com) ♦ [www.nationalmusiccamp.com](http://www.nationalmusiccamp.com)  
**CONTACT** - Tan Robertson, Assistant Director ♦ **EMAIL** - [tan@wahanowin.com](mailto:tan@wahanowin.com)



# WAHANOWIN OUTDOOR EDUCATION CENTRE

## Sample Activity Schedule

Time	Arrival Day	Day 2	Day 3	Day 4	Departure Day	
7:30am		Camp Wide Quiet Ends	Camp Wide Quiet Ends	Camp Wide Quiet Ends	Camp Wide Quiet Ends	
8:00am		Flagpole	Flagpole	Flagpole	Flagpole	
8:10am		Breakfast	Breakfast	Breakfast	Breakfast	
After breakfast until 9:15am		Cabin clean up	Cabin clean up	Cabin clean up	Pack up Bags Cabin Clean up	
9:20am to 10:20am		<b>Activity Three</b>	<b>Activity Eight</b>	<b>Activity Thirteen</b>	<b>Elective Three</b>	
10:30am to 11:30am		<b>Activity Four</b>	<b>Activity Nine</b>	<b>Activity Fourteen</b>	<b>Elective Four</b>	
11:35am to 11:45am		Morning Snack	Morning Snack	Morning Snack	No Snack	
11:50am to 12:50pm		1:00pm - Arrive Move into cabins	<b>Activity Five</b>	<b>Activity Ten</b>	<b>Activity Fifteen</b>	Early Lunch(11:45am)
1:10pm		Tour	Lunch	Lunch	Lunch	Lunch
2:15pm to 3:15pm		<b>Activity One</b>	<b>Activity Six</b>	<b>Activity Eleven</b>	<b>Elective One</b>	Depart at 1:00pm See you in 2009 ☺
3:25pm to 4:25pm	<b>Activity Two</b>	<b>Activity Seven</b>	<b>Activity Twelve</b>	<b>Elective Two</b>		
4:45pm to 5:45pm	5:30pm - Line up Dining Rules	Sport Challenges Tuck Shop Open	Sport Challenges Tuck Shop Open	Sport Challenges Tuck Shop Open		
6:10pm	Dinner	Dinner	Dinner	Dinner on the Green (BBQ)		
7:00pm to 8:00pm	Unpack Tuck Shop Open	Free time Tuck Shop Open	Free time Tuck Shop Open	Free time Tuck Shop Open		
8:00pm to 9:30pm	Crazy Olympics	Soiree and Campfire	Amazing Race	Carnival/Hayride Closing Fireworks		
9:30pm	Snack Return to Cabins	Snack Return to Cabins	Snack Return to Cabins	Return to Cabins (10pm)		
10:30pm	Camp Wide Quiet Begins	Camp Wide Quiet Begins	Camp Wide Quiet Begins	Camp Wide Quiet Begins		

Activities are 1 hour in length. The Wahanowin Outdoor Centre provides all the necessary equipment to enable full participation in the program (e.g. helmets, pfd's, tennis racquets, fishing rods, etc.).

Students are to be divided into activity groups based upon the following guidelines:

- Schools bringing up to **25 students** will have only **one Activity Group**
- Schools bringing between **26 and 50 students** will have **two Activity Groups**
- Schools bringing between **51 and 65 students** will have **three Activity Groups**
- Schools bringing between **66 and 85 students** will have **four Activity Groups**
- Schools bringing between **86 and 100 students** will have **five Activity Groups**

Activities are divided into 5 different categories; Adventure and Teambuilding, Creative, Outdoor Educational and Recreational, Land Based and Water Based. All groups will have Creative, Outdoor Recreational and Land Based Programs scheduled for them, plus Ropes and Waterfront if requested.

The final four activity periods of the week are Elective Programming, whereby the students select the activities they would like to participate in. They may be from our regular programming or from our expanded arts and sports options.



# WAHANOWIN OUTDOOR CENTRE

## SAMPLE MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>B R E A K F A S T</b>	<ul style="list-style-type: none"> <li>• Juice, milk and fresh fruit are available at every breakfast</li> <li>• Morning snack of fruit served each day</li> <li>• All breads and buns are whole wheat</li> <li>• Dark leafy salads or raw veggies are served every lunch and dinner</li> </ul>	Orange juice Scrambled eggs Hash brown triangles Cold cereals - assorted Hot oatmeal, brown sugar Yogurt-next to oatmeal Fruit bowl-next to oatmeal Hot chocolate	Apple juice Pancakes Syrup Cold cereals - assorted Hot oatmeal, brown sugar Yogurt-next to oatmeal Fruit bowl-next to oatmeal Hot chocolate	Apple juice Bagels - assorted Cream cheese Cold cereals - assorted Hot oatmeal, brown sugar Yogurt-next to oatmeal Fruit bowl-next to oatmeal Hot chocolate	Orange juice Muffins Cold cereals - assorted Hot oatmeal, brown sugar Yogurt-next to oatmeal Fruit bowl-next to oatmeal Hot chocolate
	<b>Morning Snack Attack →</b>	Apples	Plums	Nectarines	None (Early Lunch)
<b>L U N C H</b>		Tossed salad Hot dogs, buns Curly french fries Baked beans (small bowl) Ketchup, mustard, relish Jello w/whip cream  <b>Special Diet - Veggie dogs</b>	Tomato soup Grilled cheese Nacho chips and salsa Carrot sticks, cuke slices Ranch dressing, ketchup Worms and Dirt  <b>Special Diet - Pita/bread, hummus, soy butter, jam</b>	Tossed salad Macaroni and cheese Fresh rolls, margarine Rocky Road squares  <b>Special Diet - Veg/tpv Sauce on macaroni</b>	Early Lunch Alphabet soup Caesar salad Pizza - ½ cheese, ½ meat Fudgesicles  <b>Special Diet - No dairy pizza with veggies, salad</b>
<b>D I N N E R</b>	Caesar salad Pasta Meatsauce Parmesan cheese Garlic bread Assorted melon wedges  <b>Special Diet - Sauce w/veg &amp; TVP, plain salad</b>	Mandarin salad Roast beef Mashed potatoes Corn Gravy Blondies  <b>Special Diet - Veggie stroganoff</b>	Greek salad Herbed roast chicken Rice pilaf California or PEI veggies Banana chip bread  <b>Special Diet - Tofu and veggie stir fry</b>	BBQ - Hamburgers, buns Sliced tomatoes, onions Shredded lettuce Sliced cheese, pickles Ketchup, relish, mustard Potato chips, Bottled water Cookies (Oatmeal chip)  <b>Special Diet - Veggie burgers</b>	
	Chips and Lemonade	Granola bar	Apples	Popcorn, jug of juice	<b>← Bedtime Snack</b>

Our menus are carefully planned in accordance to Canada's Food Guide, allergy awareness and popular tastes. We are proud of the meals that we serve and can accommodate most special dietary requests (vegetarian, vegan, lactose intolerant, religious, etc.) with no extra cost or effort by you.

Those students and staff with special diets (vegetarian, religious restrictions, lactose intolerant, etc.) may sign up to have alternate meals provided for them. Our kitchen prepares the regular meal and special dietary meals based upon these numbers. These alternatives are not provided to accommodate personal tastes - only medical conditions and lifestyle choices. If a student signs up for a special diet they are expected to adhere to it, just as those not signed up may not take these meals.

Milk, fruit and apple or orange juice is served at every breakfast. Lactaid and soy milk are available as options. Juice crystals are served at lunch and dinner and water and milk are available upon request.

Whenever meat is served, a vegetarian option is offered. Our Special Diet alternatives are similar to the regular meal, but are prepared using a soy alternative that is low fat, high protein and dairy free.

Anyone with serious allergies or medical conditions that affect their diet should contact the camp directly to discuss. In these cases, you may be required to provide alternate food, which the kitchen will prepare for you (within reason) to supplement your diet. The camp requests that such supplements be similar to meals the camp is providing (for preparation, avoid conflict or competition with other students).

The camp strives to accommodate all students, including those with dietary allergies, many of which are life threatening. As such, we make assurances to schools and parents that their children will not be exposed to certain common allergens (peanuts, treenuts, shellfish). As a result, we must have complete knowledge and control of all foods brought onto site. Therefore, **schools and students may not bring any outside food or snacks into camp.** In addition to three meals each day, the camp provides a morning snack, bedtime snack and has a Tuck Shop available to purchase treats, if desired.



## **WAHANOWIN OUTDOOR CENTRE Programs**

### **ADVENTURE/TEAM BUILDING ACTIVITIES**

Climbing Wall Co-operative Games  
High Ropes (individual and team elements) Initiative Tasks

### **WATER BASED ACTIVITIES**

Canoeing Fishing Kayaking Pontoon Boat Cruise

### **CREATIVE ACTIVITIES**

Beads Boondoggle Candle Making Copper Enameling  
Hemp Pottery Shrinky Dinks

### **ENVIRONMENT/OUTDOOR EDUCATIONAL ACTIVITIES**

Aquatic Study Enviro Pizza Nature Study  
Orienteering Survival Game Wilderness Training

### **LAND BASED ACTIVITIES**

Archery Drama Mountain Biking (grade 7/8 only)  
Tennis Sports Waha Radio Woodworking

### **ELECTIVES**

½ Day Hike Archery Baseball Basketball Canoe Capture the Flag  
Fishing Ball Hockey Football Friendship Bracelets Frisbee Golf  
Gaga Gimp Golfing Gymnastics Hacky Sack Juggling Kayaking  
Mini Golf Rice Krispie Squares Ropes Seed beads Soccer  
Swimming Tennis Ultimate Frisbee Volleyball Waha Princess Cruise

### **EVENING PROGRAMS**

Games (Crazy Olympics, Amazing Race, Beat the Clock, Rotating Games)  
Soiree Campfire Carnival/Dance Haunted Hayride

### **SPECIAL PROGRAMS AND ACTIVITIES**

Flagpole Pre-meal Activities Musical Lunches Theme Days



# WAHANOWIN OUTDOOR CENTRE

## What to Pack

*(To be used as a guideline when packing for camp)*

### Suggested Clothing

- 1 garbage or laundry bag for dirty clothes
- 2 pairs of jeans or sweat pants
- 1 pairs of shorts
- 2 sweat shirts or sweaters
- 2 T-shirts
- 4 pairs of socks
- Hat
- Mittens or gloves
- Raincoat
- Rubber or hiking boots for wet weather
- Running shoes
- Underwear
- Warm jacket
- **Warm** sleepwear - pajamas or sweat suit



### Bedding

- **Warm** sleeping bag plus a bottom sheet
  - Pillow
  - Blanket
- or
- 2 sheets
  - 3 heavy blankets
  - 1 pillow

### Optional Items

- Alarm clock
- Baseball glove, Fishing Rod, Tennis Racquet
- Camera and film
- Flashlight with extra batteries
- Insect repellent (with Deet)
- Money for Tuck, to buy camp clothing (\$20-\$30)
- Water bottle or canteen



### Toiletry Items

- 1 towel
- Washcloth
- Toothbrush
- Toothpaste
- Bar of soap in container
- Bottle of shampoo/conditioner
- Bottle of sunscreen (15 SPF or higher)



### Items Not To Bring To Camp

- Stereos, radios, walkmans (disruptive to experience)
- Cell Phones and pagers (disruptive to experience)
- Water guns, matches, Swiss army knives
- Food or drinks to be kept in cabin (attracts mice, raccoons, allergy concerns) - we provide ample food at meals and snack time
- Expensive clothing or equipment

### Packing Guidelines

When packing for your child's trip, please keep in mind that a typical week at camp could encompass a variety of weather conditions. Anticipate this by including adequate rainwear and warm clothing. It is better to have them packed and go unused, than go without and be cold or wet! As well, cabins are not heated, so warm sleepwear and bedding are essentials.

We request that you do not pack clothing into suitcases. They require too much storage space and are cumbersome for travelling. We recommend a duffel bag or even a good quality garbage bag for packing. Be sure that all bags have the student's name and group clearly labelled on the outside. Any items that are not packed with clothing (sleeping bag, pillow, etc.) should also be labelled (masking tape works well). Send a couple of extra garbage bags to pack dirty laundry and belongings for the return trip home!

