



WAHANOWIN OUTDOOR CENTRE 2009 SCHOOL GROUP APPLICATION

School Name: _____

Mailing Address: _____

City: _____ Postal Code: _____

Phone Number: (____) _____ Fax: (____) _____

Contact Person(s): _____

Email Address: _____

Affiliated School Board: _____

2009 Week Requested - please indicate your 1st and 2nd choices for preferred weeks below:

1 st and 2 nd Choices	Week	Start Date	End Date
<input type="checkbox"/> _____ <input type="checkbox"/> _____	1	Monday, May 11 Tuesday, May 12	Friday, May 15
<input type="checkbox"/> _____	2	Tuesday, May 19	Friday, May 22
<input type="checkbox"/> _____	3	Monday, May 25	Friday, May 29
<input type="checkbox"/> _____ <input type="checkbox"/> _____	4	Monday, June 8 Tuesday, June 9	Friday, June 12
<input type="checkbox"/> _____	5	Monday, June 15	Friday, June 19

**Schools may choose to arrive on Tuesday instead of Monday during Weeks 1 and 4, based upon availability.
Schools attending Monday to Friday will have priority over shorter visits**

Number of Students: Male: _____ Female: _____ Total: _____ Grade: _____

Numbers of Adults: Male: _____ Female: _____ Total: _____

Do you have a location preference? Main Camp Grove Either

Will supervisors live with students? Yes - With Students No - Separate Cabins

Signature: _____ Date: _____

**Please remember to include your deposit (\$250.00) with your application and send to:
The Wahanowin Outdoor Centre, 227 Eglinton Avenue, Toronto, ON M4R 1A9**

For Office Use Only

Application/Deposit Received: _____ Amount of Deposit/Cheque Number: _____

Confirmation Sent: _____ Week Confirmed: _____



WAHANOWIN OUTDOOR CENTRE

2009 GUIDELINES FOR ENROLLMENT

- 1 To book your school, complete the application form and return with a non-refundable deposit of \$250.00. Verbal reservations will not be accepted. Schools will be accepted based upon availability.
- 2 The fees, including 5% GST and 3% PST, for our 2009 season are as follows:

Monday to Friday	\$285.58
Tuesday to Friday	\$217.46
Wednesday to Friday	\$147.15

(Schools wishing this length of trip will not be accepted until November 15, once all returning and new schools are confirmed)
- 3 Terms of payment are as follows:
 - With Application**
 - \$250.00 deposit. Refundable up to March 1st less a \$25.00 administration fee. After March 1st the deposit is non refundable.
 - April 15, 2009 - 1st Installment Due**
 - 50% of fee (based on your estimated numbers; invoice will be sent in February)
 - Upon Arrival at Camp - Balance Due**
 - Your final balance will be calculated upon arrival based upon your actual numbers.
- 4 Information concerning activities, camp policies, clothing requirements, accommodation, etc. will be sent out early 2010.
- 5 Dates for our 2009 Outdoor Education Centre Season are as follows;

Week	Start Date	End Date	Grade(s) <small>(Typical (but not mandatory) grades of attending students)</small>
1	Monday, May 11 Tuesday, May 12	Friday, May 15	Any
2	Tuesday, May 19	Friday, May 22	5 and 6
3	Monday, May 25	Friday, May 29	7 and 8
4	Monday, June 8 Tuesday, June 9	Friday, June 12	7 and 8
5	Monday, June 15	Friday, June 19	7 and 8

- 6 Schools attending Monday to Friday may be given priority over those attending shorter stays. Weeks 1 and 4 are designated as "5 Day" trips, although Tuesday arrivals will be considered space permitting.
- 7 **AVAILABILITY** - Schools that attended Wahanowin in 2008 have enrollment priority in the corresponding 2009 week until October 15th. After this date, we will accept new schools and returning schools who wish to change weeks, depending upon availability. Schools waiting for this confirmation deadline are welcome to call our office at any time to inquire about space.
- 8 **ESTIMATED STUDENT NUMBERS** - When completing the application form, schools are requested to estimate the number of students that will realistically attend versus the total if all potential students attended. In the past couple of years, we have had significant drops in numbers from those stated in September to the number that actually attends. As a result, we have turned schools away and over hired staff to accommodate the estimated group size, only to have a shortfall once camp begins. Please help us remedy this by providing optimistic, but realistic, totals.



WAHANOWIN OUTDOOR CENTRE FACTS

SITE

- Located 1½ hours north of Toronto (just outside of Orillia)
- 150 acres of field and forest on the shore of Lake Couchiching
- Over 50 years experience in camping

FACILITIES

- Can comfortably accommodate 500 students, plus teachers, supervisors and our staff
- Waterfront includes swimming, canoeing, kayaking, pontoon boat and fishing
- There is a large theatre, century stone farmhouse, several large buildings, plus our arts and crafts and woodworking studios
- Sport activities are easily accommodated on three volleyball courts, two basketball courts, six tennis courts, two archery ranges, one soccer field and two baseball diamonds, plus our professional ball hockey rink

PROGRAM

- Wahanowin staff lead recreational and educational programs
- School's have input into the activity schedule
- Elective programming allows students to choose their own schedule
- All necessary equipment is provided to enable full participation in the program (fishing rods, racquets, etc.)
- Evening programs are fun and age appropriate
- Welcome Party for teachers and parent supervisors in Director's Cabin

LODGING

- Students are housed in cabins of 12-14 students
- Most cabins have been renovated in the past 4 years
- Teachers and supervisors can live in separate staff accommodation or in staff rooms within the student's cabins.
- All cabins have running water and electricity, many have showers
- Students sleep on bunk beds

FOOD SERVICES

- Ample food in large portions
- Able to accommodate dietary restrictions (vegetarian, allergies, religious, etc.)
- Well balanced meals in accordance with Canada's Food Guide

SECURITY AND SAFETY

- Night security patrols from 11:00pm until 7:00am
- Waterfront staff have a minimum of the RLSS Bronze Cross award
- All staff trained in emergency first aid
- Registered nurse on site, fifteen minute drive to Soldier's Memorial Hospital in Orillia

WAHANOWIN STAFF

- Staff recruited from universities throughout Canada and abroad
- Average staff age is 20 years old

COSTS

- Fees are charged as follows:
 - Monday to Friday \$285.58
 - Tuesday to Friday \$217.46
 - Wednesday to Friday \$147.15
- Fees include 5% GST and 3% PST and are all inclusive - no additional monies are required for activities, accommodation or meals.
- There is no charge for teachers and parents supervisors within a 1:10 ratio
- Schools are responsible for the cost and coordination of transportation, plus any additional costs associated with swim testing or other board mandated pre-camp preparations.

CITY OFFICE (SEPTEMBER THROUGH APRIL)
227 Eglinton Avenue West, Toronto, ON M4R 1A9
Phone - (416) 482-2600 ♦ Fax - (416) 482-2860

OUTDOOR CENTRE OFFICE (MAY THROUGH AUGUST)
PO Box 850, Orillia, ON L3V 6K8
Phone - (705) 325-2285 ♦ Fax - (705) 327-7120

CAMP WEBSITES - www.outdoorcentre.com ♦ www.wahanowin.com ♦ www.nationalmusiccamp.com
CONTACT - Tan Robertson, Assistant Director ♦ **EMAIL** - tan@wahanowin.com



WAHANOWIN OUTDOOR EDUCATION CENTRE

Sample Activity Schedule

Time	Arrival Day	Day 2	Day 3	Day 4	Departure Day
7:30am		Camp Wide Quiet Ends	Camp Wide Quiet Ends	Camp Wide Quiet Ends	Camp Wide Quiet Ends
8:00am		Flagpole	Flagpole	Flagpole	Flagpole
8:10am		Breakfast	Breakfast	Breakfast	Breakfast
After breakfast until 9:15am		Cabin clean up	Cabin clean up	Cabin clean up	Pack up Bags Cabin Clean up
9:20am to 10:20am		Activity Three	Activity Eight	Activity Thirteen	Elective Three
10:30am to 11:30am		Activity Four	Activity Nine	Activity Fourteen	Elective Four
11:35am to 11:45am			Morning Snack	Morning Snack	Morning Snack
11:50am to 12:50pm	1:00pm - Arrive Move into cabins	Activity Five	Activity Ten	Activity Fifteen	Early Lunch(11:45am)
1:10pm	Tour	Lunch	Lunch	Lunch	Lunch
2:15pm to 3:15pm	Activity One	Activity Six	Activity Eleven	Elective One	Depart at 1:00pm See you in 2010 ☺
3:25pm to 4:25pm	Activity Two	Activity Seven	Activity Twelve	Elective Two	
4:45pm to 5:45pm	5:30pm - Line up Dining Rules	Sport Challenges Tuck Shop Open	Sport Challenges Tuck Shop Open	Sport Challenges Tuck Shop Open	
6:10pm	Dinner	Dinner	Dinner	Dinner on the Green (BBQ)	
7:00pm to 8:00pm	Unpack Tuck Shop Open	Free time Tuck Shop Open	Free time Tuck Shop Open	Free time Tuck Shop Open	
8:00pm to 9:30pm	Crazy Olympics	Soiree and Campfire	Amazing Race	Carnival/Hayride Closing Fireworks	
9:30pm	Snack Return to Cabins	Snack Return to Cabins	Snack Return to Cabins	Return to Cabins (10pm)	
10:30pm	Camp Wide Quiet Begins	Camp Wide Quiet Begins	Camp Wide Quiet Begins	Camp Wide Quiet Begins	

Activities are 1 hour in length. The Wahanowin Outdoor Centre provides all the necessary equipment to enable full participation in the program (e.g. helmets, pfd's, tennis racquets, fishing rods, etc.).

Students are to be divided into activity groups based upon the following guidelines:

- Schools bringing up to **25 students** will have only **one Activity Group**
- Schools bringing between **26 and 50 students** will have **two Activity Groups**
- Schools bringing between **51 and 65 students** will have **three Activity Groups**
- Schools bringing between **66 and 85 students** will have **four Activity Groups**
- Schools bringing between **86 and 100 students** will have **five Activity Groups**

Activities are divided into 5 different categories; Adventure and Teambuilding, Creative, Outdoor Educational and Recreational, Land Based and Water Based. All groups will have Creative, Outdoor Recreational and Land Based Programs scheduled for them, plus Ropes and Waterfront if requested.

The final four activity periods of the week are Elective Programming, whereby the students select the activities they would like to participate in. They may be from our regular programming or from our expanded arts and sports options.



WAHANOWIN OUTDOOR CENTRE SAMPLE MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
B R E A K F A S T	<ul style="list-style-type: none"> Juice, milk and fresh fruit are available at every breakfast Morning snack of fruit served each day All breads and buns are whole wheat Dark leafy salads or raw veggies are served every lunch and dinner 	Orange juice Scrambled eggs Hash brown triangles Cold cereals - assorted Hot oatmeal, brown sugar Yogurt-next to oatmeal Fruit bowl-next to oatmeal Hot chocolate	Apple juice Pancakes Syrup Cold cereals - assorted Hot oatmeal, brown sugar Yogurt-next to oatmeal Fruit bowl-next to oatmeal Hot chocolate	Apple juice Bagels - assorted Cream cheese Cold cereals - assorted Hot oatmeal, brown sugar Yogurt-next to oatmeal Fruit bowl-next to oatmeal Hot chocolate	Orange juice Muffins Cold cereals - assorted Hot oatmeal, brown sugar Yogurt-next to oatmeal Fruit bowl-next to oatmeal Hot chocolate
	Morning Snack Attack →	Apples	Plums	Nectarines	None (Early Lunch)
L U N C H		Tossed salad Hot dogs, buns Curly french fries Baked beans (small bowl) Ketchup, mustard, relish Jello w/whip cream Special Diet - Veggie dogs	Tomato soup Grilled cheese Nacho chips and salsa Carrot sticks, cuke slices Ranch dressing, ketchup Worms and Dirt Special Diet - Pita/bread, hummus, soy butter, jam	Tossed salad Macaroni and cheese Fresh rolls, margarine Rocky Road squares Special Diet - Veg/tpv Sauce on macaroni	Early Lunch Alphabet soup Caesar salad Pizza - ½ cheese, ½ meat Fudgesicles Special Diet - No dairy pizza with veggies, salad
D I N N E R	Caesar salad Pasta Meatsauce Parmesan cheese Garlic bread Assorted melon wedges Special Diet - Sauce w/veg & TVP, plain salad	Mandarin salad Roast beef Mashed potatoes Corn Gravy Blondies Special Diet - Veggie stroganoff	Greek salad Herbed roast chicken Rice pilaf California or PEI veggies Banana chip bread Special Diet - Tofu and veggie stir fry	BBQ - Hamburgers, buns Sliced tomatoes, onions Shredded lettuce Sliced cheese, pickles Ketchup, relish, mustard Potato chips, Bottled water Cookies (Oatmeal chip) Special Diet - Veggie burgers	
	Chips and Lemonade	Granola bar	Apples	Popcorn, jug of juice	← Bedtime Snack

Our menus are carefully planned in accordance to Canada's Food Guide, allergy awareness and popular tastes. We are proud of the meals that we serve and can accommodate most special dietary requests (vegetarian, vegan, lactose intolerant, religious, etc.) with no extra cost or effort by you.

Those students and staff with special diets (vegetarian, religious restrictions, lactose intolerant, etc.) may sign up to have alternate meals provided for them. Our kitchen prepares the regular meal and special dietary meals based upon these numbers. These alternatives are not provided to accommodate personal tastes - only medical conditions and lifestyle choices. If a student signs up for a special diet they are expected to adhere to it, just as those not signed up may not take these meals.

Milk, fruit and apple or orange juice is served at every breakfast. Lactaid and soy milk are available as options. Juice crystals are served at lunch and dinner and water and milk are available upon request.

Whenever meat is served, a vegetarian option is offered. Our Special Diet alternatives are similar to the regular meal, but are prepared using a soy alternative that is low fat, high protein and dairy free.

Anyone with serious allergies or medical conditions that affect their diet should contact the camp directly to discuss. In these cases, you may be required to provide alternate food, which the kitchen will prepare for you (within reason) to supplement your diet. The camp requests that such supplements be similar to meals the camp is providing (for preparation, avoid conflict or competition with other students).

The camp strives to accommodate all students, including those with dietary allergies, many of which are life threatening. As such, we make assurances to schools and parents that their children will not be exposed to certain common allergens (peanuts, treenuts, shellfish). As a result, we must have complete knowledge and control of all foods brought onto site. Therefore, **schools and students may not bring any outside food or snacks into camp**. In addition to three meals each day, the camp provides a morning snack, bedtime snack and has a Tuck Shop available to purchase treats, if desired.



WAHANOWIN OUTDOOR CENTRE

Programs

ADVENTURE/TEAM BUILDING ACTIVITIES

Climbing Wall/Zip Line Co-operative Games
High Ropes (individual and team elements) Initiative Tasks

WATER BASED ACTIVITIES

Canoeing Fishing Kayaking Pontoon Boat Cruise

CREATIVE ACTIVITIES

Beads Boondoggle Candle Making Copper Enameling
Hemp Pottery Shrinky Dinks

ENVIRONMENT/OUTDOOR EDUCATIONAL ACTIVITIES

Aquatic Study Enviro Pizza Nature Study
Orienteering Survival Game Wilderness Training

LAND BASED ACTIVITIES

Archery Capture the Flag Drama Mountain Biking (grade 7/8 only)
Tennis Sports Waha Radio Woodworking

ELECTIVES

½ Day Hike Archery Baseball Basketball Canoe Capture the Flag
Fishing Ball Hockey Football Friendship Bracelets Frisbee Golf
Gaga Gimp Golfing Gymnastics Hacky Sack Juggling Kayaking
Mini Golf Rice Krispie Squares Ropes Seed beads Soccer
Swimming Tennis Ultimate Frisbee Volleyball Waha Princess Cruise

EVENING PROGRAMS

Games (Crazy Olympics, Amazing Race, Beat the Clock, Rotating Games)
Soiree Campfire Carnival/Dance Haunted Hayride

SPECIAL PROGRAMS AND ACTIVITIES

Flagpole Pre-meal Activities Musical Lunches Theme Days



WAHANOWIN OUTDOOR CENTRE

What to Pack

(To be used as a guideline when packing for camp)

Suggested Clothing

- 1 garbage or laundry bag for dirty clothes
- 2 pairs of jeans or sweat pants
- 1 pairs of shorts
- 2 sweat shirts or sweaters
- 2 T-shirts
- 4 pairs of socks
- Hat
- Mittens or gloves
- Raincoat
- Rubber or hiking boots for wet weather
- Running shoes
- Underwear
- Warm jacket
- **Warm** sleepwear - pajamas or sweat suit



Bedding

- **Warm** sleeping bag plus a bottom sheet
- Pillow
- Blanket
or
- 2 sheets
- 3 heavy blankets
- 1 pillow

Optional Items

- Alarm clock
- Baseball glove, Fishing Rod, Tennis Racquet
- Camera and film
- Flashlight with extra batteries
- Insect repellent (with Deet)
- Money for Tuck, to buy camp clothing (\$20-\$30)
- Water bottle or canteen



Items Not To Bring To Camp

- Stereos, radios, walkmans (disruptive to experience)
- Cell Phones and pagers (disruptive to experience)
- Water guns, matches, Swiss army knives
- Food or drinks to be kept in cabin (attracts mice, raccoons, allergy concerns) - we provide ample food at meals and snack time
- Expensive clothing or equipment

Toiletry Items

- 1 towel
- Washcloth
- Toothbrush
- Toothpaste
- Bar of soap in container
- Bottle of shampoo/conditioner
- Bottle of sunscreen (15 SPF or higher)



Packing Guidelines

When packing for your child's trip, please keep in mind that a typical week at camp could encompass a variety of weather conditions. Anticipate this by including adequate rainwear and warm clothing. It is better to have them packed and go unused, than go without and be cold or wet! As well, cabins are not heated, so warm sleepwear and bedding are essentials.

We request that you do not pack clothing into suitcases. They require too much storage space and are cumbersome for travelling. We recommend a duffel bag or even a good quality garbage bag for packing. Be sure that all bags have the student's name and group clearly labelled on the outside. Any items that are not packed with clothing (sleeping bag, pillow, etc.) should also be labelled (masking tape works well). Send a couple of extra garbage bags to pack dirty laundry and belongings for the return trip home!

